

Introductory Training
The Bonny Method of Guided Imagery and Music (GIM Level 1)
Bilingual Training Offered (English & French)
Montreal, April, 2011

*MARK YOUR CALENDARS & STAY TUNED FOR MORE
INFORMATION TO FOLLOW*

PRELIMINARY PROGRAM

Dates: Saturday, April 9 thru Wednesday April 13, 2011
(5 days)

Daily Schedule: 9-12 am, 2-4:30 pm, 5:30-7:30 pm

Location: Concordia University, 1395 René Lévesque Blvd.
W, Montréal.

Facilitator:

Liz Moffitt, M.A., MTA, R.C.C., FAMI
ATR, FAMI
lmoffitt@capilanou.ca, 604-924-1449

Assistant:

Denise Tanguay, M.A.,

What is GIM?

The Bonny Method of Guided Imagery and Music (GIM) is a music-centered transformational therapy in which a client listens to specifically programmed classical music in a relaxed state. The music acts as a catalyst to evoke, develop and transform images, memories and feelings from deep levels of consciousness. With the help of the therapist, the GIM experience can lead to integration and healing on many levels. GIM has been effective with a wide range of presenting problems and issues of human concern.

Who can take this training?

The GIM Training is designed for interested professionals with a background in music therapy, music, counselling, creative arts therapies, and related health care professions. A bachelor's degree or equivalent is required. This training is endorsed by the Association for Music and Imagery.

What will happen in this training?

Introductory GIM training provides opportunities to learn the basic components and philosophy of the Bonny Method. It includes didactic and experiential components; a thorough introduction to the fundamental introductory music programs; instruction in the therapeutic effects of classical music and the facilitation of imagery with music; demonstration and practice of beginning guiding techniques; exploration of adaptations of this work; and personal experiences with GIM as a therapist and as an imager. Advanced training in GIM

is necessary before a student is fully qualified to practice this therapy.

FOR MORE INFORMATION: Guylaine Vaillancourt, MTA, 514-848-2424 x
5670.

Creativeartstherapies.concordia.ca

g.vaillancourt@concordia.ca

Association for Music and Imagery : <http://www.ami-bonnymethod.org>